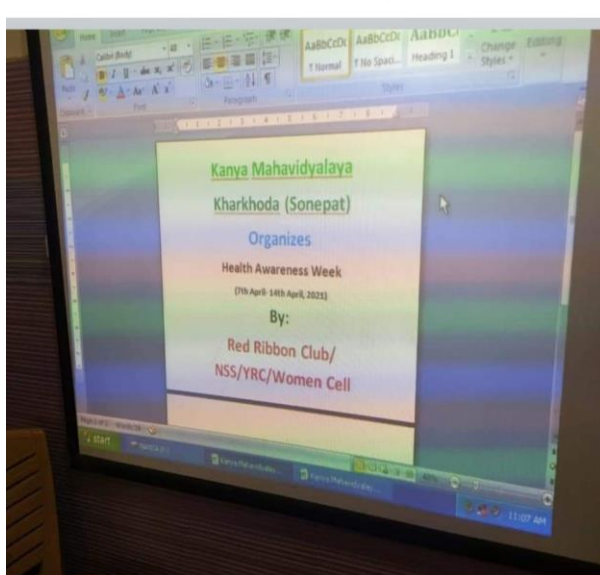


Health Awareness Week

World Health Day

In the week long ongoing activities being organised under "Health Awareness Week" (07-14 April, 2021), 'World Health Day' was observed on 07-04-2021 by giving pledge to students for taking care of their own health as well as of their family members by having a good nutritional diet, taking the seasonal fruits, vegetables and having abundance of water. Today Principal Dr (Mrs) Suresh Boora motivated students to maintain healthy habits and lifestyles for eradicating all forms of diseases. She further added that an old saying is "Healthy mind lives in a Healthy Body". So it becomes imperative to adopt a good routine, a restrained life for good concentration in studies and ultimately become a socially useful citizen. Event was organised under Red Ribbon Club, Youth Red Cross Cell, NSS units and Women cell of the College and all the respective incharges were present on the occasion.



Relevant Link:

https://m.facebook.com/story.php?story_fbid=1181865775598190&id=100013243356996

Poster Making Competition

Poster making Competition on the themes “Stay aware on HIV/AIDS” and “Say No to Drugs” was organized on 13th April, 2021. 35 students participated in the event and portrayed awareness messages on both the themes. Principal Dr. (Mrs.) Suresh Boora appreciated students for giving wonderful messages on both the problems by way of posters and said while addressing them that Healthy youth is the backbone of any country and it becomes imperative on their part not to indulge in any form of wrongful act that can play havoc on their health and instead build a strong character for living a good life. Incharges of Red Ribbon Club, Youth Red Cross Cell, NSS Units and Women Cell were present on the occasion. Posters made by Asha, Sonam and Tammna were adjudged for 1st, 2nd and 3rd positions respectively.

Poster Making Competition as a means of Awareness



Relevant Link:

https://m.facebook.com/story.php?story_fbid=1184704841980950&id=100013243356996

